



OPTIONS FOR RECOVERY CASE MANAGEMENT

a program of Los Angeles Biomedical Research Institute (LA BioMed)
at Harbor-UCLA Medical Center

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Options for Recovery Case Management serves both pregnant and parenting women whose substance abuse poses a risk to their unborn child and/or whose substance use may have a detrimental impact upon their parenting skills. The program **works with the mother and her child(ren) as a unit**, tapping into a variety of resources to facilitate family recovery.

Options Case Management serves women through a **multi-disciplinary, goal oriented, interactive process** which is participant centered and family focused. Options provides in-home support services to help families in recovery deal with the effects of substance abuse and to assist in providing the tools necessary to develop a sober lifestyle. Options Case Management serves over 100 families annually.

Case managers are able to work with other providers and meet with mothers and their children in their outside agencies, place of residence to develop a **family service plan for recovery**. Case managers provide a link to specialized health care and services for infants and children.

Clients are referred to case management through both residential and outpatient drug and/or alcohol treatment programs with which they have service agreements. Additionally, clients get information and referrals for the Options Case Management program through the Los Angeles County Department of Children and Family Services, Harbor-UCLA Medical Center, treatment providers, and by word of mouth.

Case Management is available to our clients for **up to one full year at no cost** to the family.

Some of the specific services provided are:

- Advocacy and support
- Psychosocial assessments
- Parenting education
- Social service referrals
- Court Advocacy
- In-home visitation
- Crisis intervention
- Health care referrals
- Relapse prevention counseling
- In-Home Parenting Education
- Individual service planning for mother and her children
- Care coordination in collaboration with other agencies
- Assistance with family reunification
- Assistance with accessing transportation and child care

The case management staff is a multi-disciplinary, multi-ethnic, team with educational degrees at the Bachelors and Masters level. Staff has access to videotapes, books, meetings and articles, as well as on-going training provided both in-house and through community agencies.